



CENTRO BENESSERE **QUADRIFOGLIO**
PRICES LIST



BODY TREATMENTS

1. FOR YOUR PHYSICAL WELL BEING

ARNICA TREATMENT in cloud tub

An ideal treatment for restoring the right level of mental and physical relaxation thanks to the triple action of a localised massage aimed at relieving tension or simply relaxing (depending on your needs), the refreshing, soothing and regenerating effect of the arnica wrap, and the cloud tub for that feeling of being cradled in wellness

50 minutes **€ 75,00**

ARNICA WRAP in cloud tub

Soothing and refreshing arnica is ideal for muscular stiffness after sport and for restoring the right level of physical relaxation.

20 minutes **€ 45,00**

DEVIL'S CLAW BODY WRAP in cloud tub

Relieves tense joints from the stress of frequent and often excessive mechanical strain thanks to the active principles of selected plants, including devil's claw, spiraea and willow, combined with a restful soak in the cloud tub .

20 minutes **€ 45,00**

2. CUDDLE FOR YOUR SKIN

MARINE SALTS PEELING

Peeling using grains of exfoliating thermal salts, nourishing shea butter and moisturising jojoba oil, leaving your skin supple and replenished.

40 minutes **€ 45,00**

ORCHID MOISTURISING PEELING TREATMENT in cloud tub

Peeling using jojoba oil micro-granules that perform a delicate mechanical smoothing action and nourish the skin. Aescin reinforces the capillaries and drains blocked liquid. The orchid wrap nourishes, lending elasticity and stimulating the dermal fibroblasts.

50 minutes **€ 75,00**

APPLE TREATMENT in cloud tub

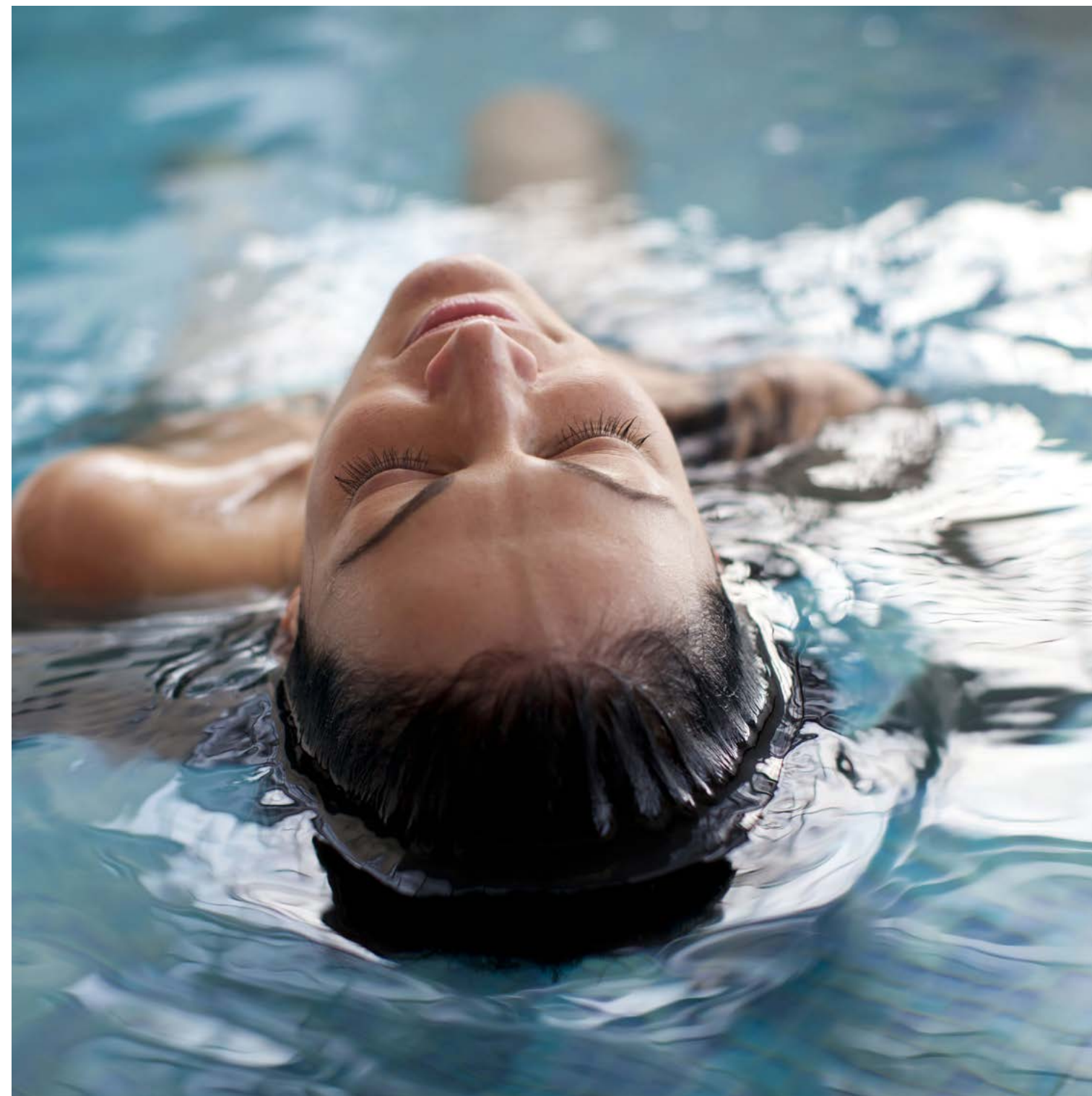
A wellness ritual for the spirit and beauty treatment for the body. A gentle and relaxing massage with application of an apple wrap in the cloud tub to provide your skin with nourishment, elasticity and new tone.

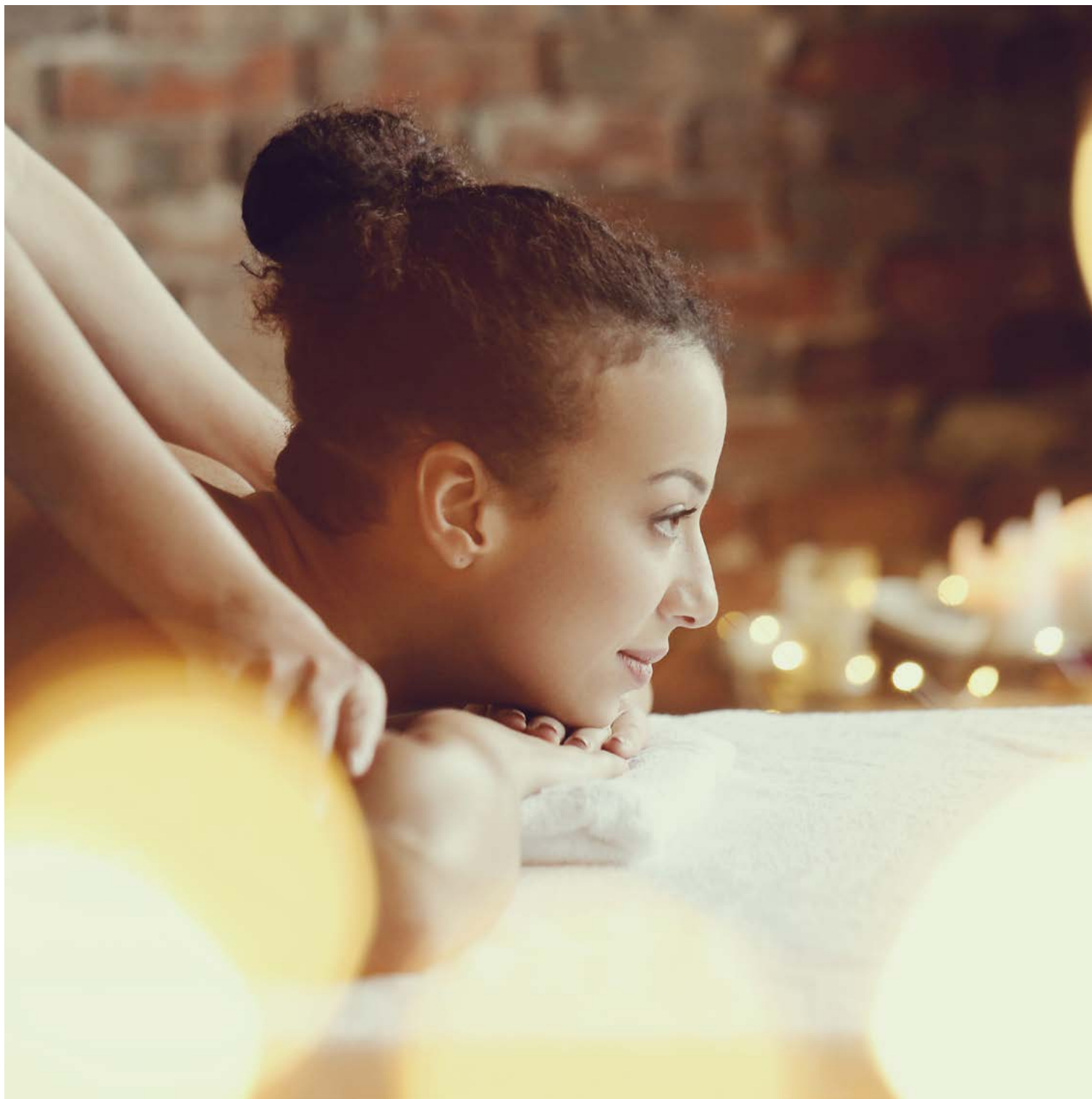
50 minutes **€ 75,00**

APPLE WRAP in cloud tub

Your skin will be nourished, supple and toned.

20 minutes **€ 45,00**





3. RELIEF FOR YOUR LEGS

DONATE TO YOUR LEGS LIGHT AND VITALITY

A focused massage (fluid releasing or circulatory) combined with the action of a targeted wrap (using straw or blueberries) are the elements needed to relieve tired legs or circulatory problems.

50 minutes **€ 75,00**

FIGHT CELLULITE THANKS TO CUPPING.

A drainage massage combined with the beneficial action of cupping, the ancient Chinese folk medicine technique, whereby removing the stasis and improves circulation and lymphatic.

50 minutes **€ 80,00**

4. LOCALIZED FIRING TREATMENT

Firms and compact deeply fabrics. Improves flexibility tone and reducing stretch marks.

BREAST 60 minutes **€ 80,00**

LEGS 70 minutes **€ 120,00**

ABDOMEN 60 minutes **€ 100,00**

5. COUPLES TREATMENT IN CLOUD TUB **€ 160,00**

6. MASSAGES

RELAXING the right level of pampering to relieve physical stress and tiredness. This massage lends sheen and suppleness to the skin, activates blood and lymphatic networks to restore slowed circulation, eases muscular tension, boosts immunity for a feeling of wellness and acts on the nervous system leaving you peaceful and carefree.

45 minutes € 65,00

FLUID RELEASING ideal to combat the unsightly effects of cellulite and more besides. This massage releases excess lymphatic fluid trapped in tissue and allows it flow out by its natural route (through the lymphatic vessels), thus reactivating natural cell metabolism. Eliminates swelling and heaviness, leaving your body feeling slender and healthy.

50 minutes € 75,00

AESTHETIC AND CIRCULATORY stimulates, balances and strengthens the circulatory system, improving oxygen supply to cells and organs, naturally detoxifying the body, while working positively on the lymphatic networks.

50 minutes € 75,00

MYOFASCIAL enhances posture, restores elasticity to the muscular fascia and tones muscles. It also increases muscular strength by removing build-up of toxins.

50 minutes € 80,00

CONNECTIVE-TISSUE deep massage technique that works on muscular tissue where toxins tend to accumulate. Muscular tension is eased, toxins are removed and muscle tissue is flushed with oxygen- and nutrient-rich blood flow.

50 minutes € 80,00

EASING targets tension and congestion and relaxes the muscles.

50 minutes € 80,00

SPORTS this muscular massage is ideal for anyone practising sports activities, improving performance and/or speeding up recovery after major physical effort.

50 minutes € 80,00

PERSONALISED

€ 1,60 per minute

MANUAL LYMPHATIC MASSAGE - VODDER METHOD

ABDOMEN, CHEST AND ARM 60 minutes € 90,00

LEGS AND BUTTOCKS 90 minutes € 135,00

LEGS 60 minutes € 90,00

7. EMOTIONAL MASSAGE

CALIFORNIAN MASSAGE treat yourself to a moment of total relaxation, free your body of all tension and your mind of all worry, surrender to the gentle and caring touch of our masseuses to restore balance, harmony, peace and wellness.

75 minutes € 120,00

VITALBOLY warm herbal compresses to enhance physical wellness and benefit from new strength and energy.

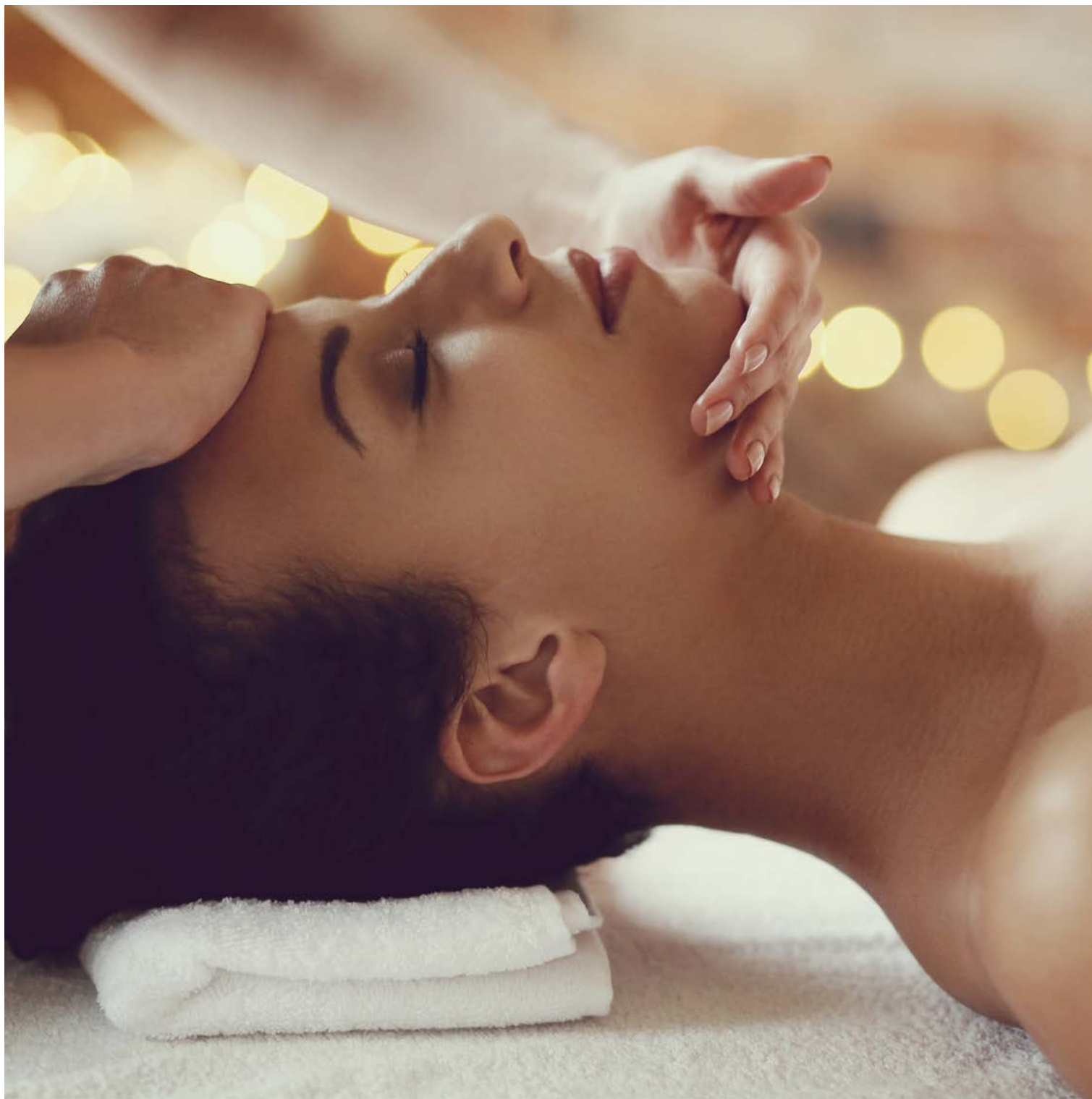
50 minutes € 80,00

DORSALIS exclusive back wellness programme, with application of effective natural products, a modulated massage to the sound of bells and the use of cups that together help to ease tension from the back muscles, enhancing the dynamism of the vertebral column.

50 minutes € 80,00

STONE MASSAGE ideal to ease physical and emotional tension, restoring peace and achieving deep relaxation.

75 minutes € 120,00



8. FACE MASSAGE

CRANIAL-CERVICAL FACIAL

30 minutes € 45,00

LYMPH RELEASING FACIAL

20 minutes € 25,00

TENSION EASING FACE MASSAGE

30 minutes € 45,00

BIO-LIFTING FACIAL

20 minutes € 35,00

9. FACE TREATMENTS

FACIAL DEEP CLEANSING

45 minutes € 55,00

FULL FACIAL PLANT-MELATONIN TREATMENT WITH FACE AND EYE MASKS

70 minutes € 120,00

FACIAL PLANT-MELATONIN TREATMENT WITH FACE MASK ONLY

50 minutes € 80,00

PLANT-MELATONIN TREATMENT FOR THE AREA AROUND THE EYES

30 minutes € 50,00

**option of application of serums with MESOPRO beauty tronic* € 15,00 supplement

10. FACIAL TREATMENTS WITH MESOPRO BEAUTY TRONIC

MESO GEL FACIAL LIFT

MESO GEL ANTI-AGE FACIAL

about 20 minutes € 45,00



SPA PACKAGES:
targeted and good value

NB: packages are individual and cannot be shared

“DISCONNECT”: Exhausted from busy days when you have to do everything in a rush? Take a little break just for yourself, so you can find peace, tranquillity and the right level of inner harmony for a fresh start... You deserve it!!!

	5/6 days	3 days
MARINE SALTS PEELING	1	1
CALIFORNIAN MASSAGE	1	0
RELAXING MASSAGE	1	1
CRANIAL-CERVICAL FACIAL MASSAGE	1	1
ARNICA TREATMENT	1	0
	€ 296,00	€ 148,00

“ADD NEW LIFE TO YOUR SKIN”: Your skin is a reflection of who you are... enhance your look and restore your mental and physical wellness!

	5/6 days	3 days
ORCHID MOISTURIZING PEELING TREATMENT	1	1
APPLE TREATMENT IN CLOUD TUB	1	1
FACIAL PLANT-MELATONIN TREATMENT	1	1
APPLE WRAP IN CLOUD TUB	1	0
MESO GEL FACIAL LIFT	1	0
	€ 256,00	€ 184,00

“BACK SPECIAL”: Stress, sedentary habits or too much physical stress and strain all take their toll, resulting in bad posture causing often painful muscular tension. This wellness programme will restore the right level of flexibility and relaxation... Don't miss this chance!!!

	5/6 days	3 days
EASING MASSAGE	1	1
DORSALIS MASSAGE	1	1
CRANIAL-CERVICAL FACIAL MASSAGE	1	0
ARINCA TREATMENT IN CLOUD TUB	1	1
ARINCA WRAP IN CLOUD TUB	1	0
	€ 260,00	€ 188,00

“LEGS SPECIAL”: We've tailored a combination of treatments just for you that will leave your legs feeling light and supple after just a few short days!!!

	5/6 days	3 days
LEGS TREATMENT IN CLOUD TUB	1	1
MANUAL LYMPHATIC MASSAGE - VODDER METHOD - LEGS AND BUTTOCKS	1	1
MANUAL LYMPHATIC BODY MASSAGE	1	0
LEGS WRAP IN CLOUD TUB	2	1
	€ 300,00	€ 204,00

“FACIAL”: Would you like to look younger and more radiant?!? Well start right here with us, relying on natural active principles such as plant melatonin that can add sheen, tone and firmness!!!

	5/6 days	3 days
FACIAL PLANT-MELATONIN TREATMENT	1	0
FACIAL PLANT-MELATONIN TREATMENT WITH FACE AND EYE MASKS	1	1
MESO PRO TREATMENT LIFT OR ANTI AGE	2	1
BIOLIFTING FACIAL MASSAGE	1	0
	€ 260,00	€ 132,00

“MUM'S SPECIAL”: We all know that every mother is special and deserves special care... Just look what we have waiting for you!!!

	5/6 days	3 days
FACIAL PLANT-MELATONIN TREATMENT	1	1
MANICURE + NAIL	1	1
PEDICURE + NAIL	1	0
MANUAL LYMPHATIC BODY MASSAGE	1	1
LEGS MANUAL LYMPHATIC MASSAGE VODDER METHOD	1	0
	€ 260,00	€ 152,00

REGULATION FIDELITY CARD

- » The loyalty card is personal, the name will be indicated by the operator on the front of the card. On the card we will indicate the amounts of the beauty treatments (irrespective of who pays) from the person named on the front of the card
- » In fidelity card are reported amounts of treatments made
- » The loyalty card is valid for 2 years from the date of issue in writing from operator on the front of the card. At the end of two years the maximum time to collecting the awards is 2 months
- » The card is personal and not transferable. The holder is entitled to the header of one FidelityCard.
- » The loss of the card determines the loss of points, except the presence of a theft report issued by the Police
- » Reached a threshold you are entitled to recover that award (any excess will be lost) or, alternatively, you can go in the accumulation to reach the next threshold and so on until the final threshold
- » The awards in cloud bath treatments and / or massages can't be benefited during the high season (ie the week of Christmas, Epiphany and August) and, in any case, times and days should be scheduled according to availability
- » The award access to the spa and dinner at our Stube must first be programmed depending on availability (in all cases excluding the high season)

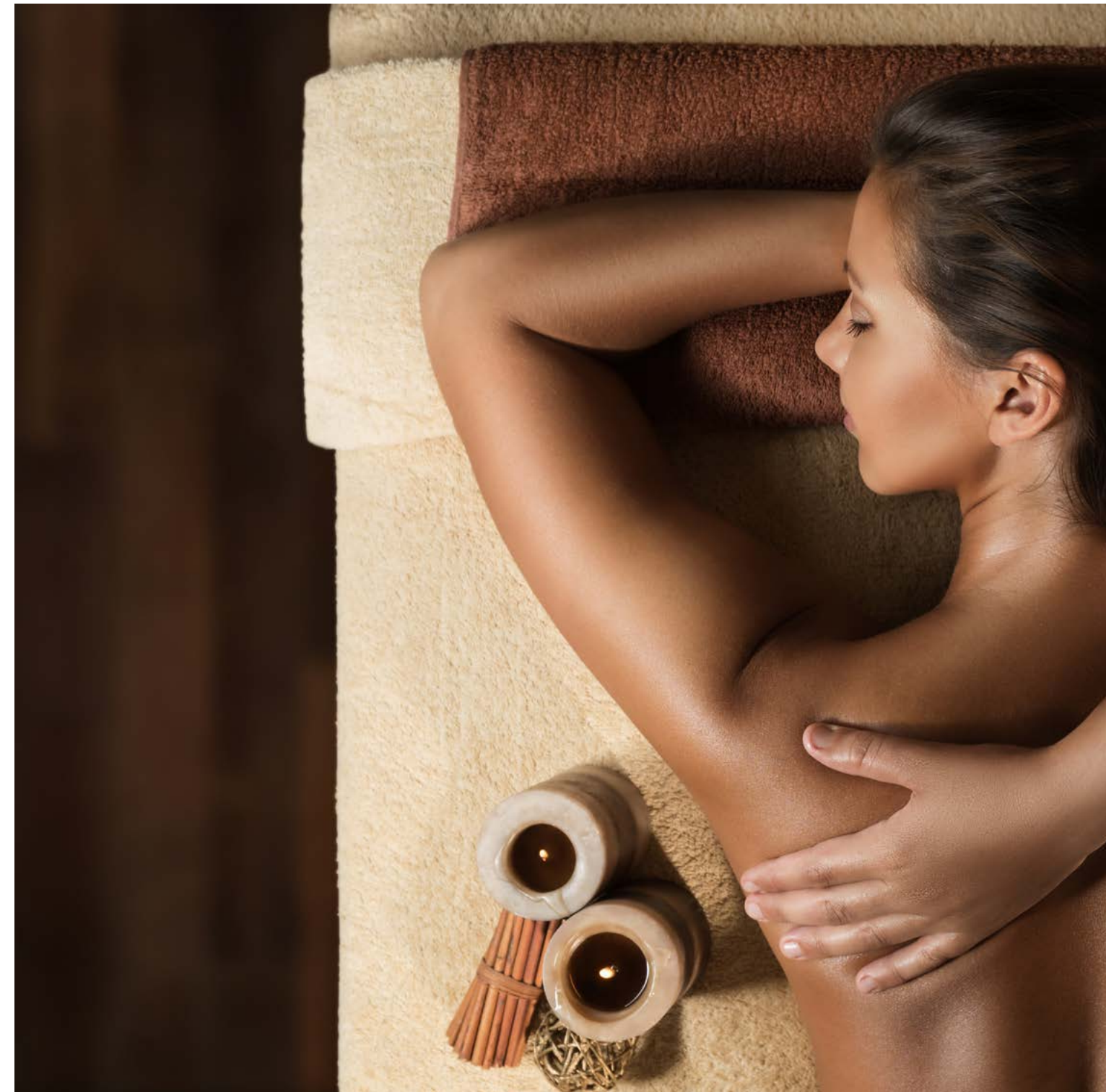
- » The award for the stay at our hotel and its treatments must be agreed with the staff reception hotel and subject to availability (in all cases excluding the high season)
- » The advantages of the loyalty card can not be combined with any promotions and / or packages made on-line and / or off-line with the booking of stay

The Direction

FIDELITY GIFTS

- 200 - Arnica or apple wrap
- 400 - 1 Arnica or Apple treatment in cloud tub
- 600 - 1 relaxing massage
- 800 - n. 3 treatments in cloud tub
- 1000 - n. 2 massage of 50 minutes or n. 2 free admissions in our beauty spa followed by dinner in our restaurant with the "gourmet menu" (drinks not included)
- 2000 - n. 2 nights half board (excluding high season) for 2 people a tour hotel with 2 treatments in cloud tub of your choice

*NB: At each goal you can decide if choose the gift or continue to the next goal:
Days for treatments / admissions in our beauty spa / stay in our hotel / dinners must be chosen according to availability*





CENTRO BENESSERE **QUADRIFOGLIO**

Via Vallesinella, 16 38086 Madonna di Campiglio (TN), Italia

+39 0465 441106

+39 0465 440775

hotelgianna@hotelgianna.it